

# Cumbria XC League

## 2025-26 Season - Information

| Date              | Venue  |
|-------------------|--|
| 20 September 2025 | Castlegate Drive, Cockermouth                                  |
| 11 October 2025   | County Showfield, Kendal (JOINT FIXTURE WITH MID LANCS LEAGUE) |
| 25 October 2025   | Curwen Park, Workington  |
| 8 November 2025   | Carlisle (venue tbc)   |
| 29 November 2025  | Hunter Hall, Penrith   |

Times and distances for all races (**except 11/10/25**)a as follows

| Age Category | Distance (approx.) | Race Time (approx.) |
|--------------|--------------------|---------------------|
| U9 B & G     | 800m               | 12.00pm             |
| U11 B & G    | 1,500m             | 12.05pm             |
| U13 B & G    | 2,300m             | 12.15pm             |
| U15 B & G    | 3,000m             | 12.30pm             |
| U17 M & W    | 4,000m             | 12.50pm             |
| Senior Women | 8,000m             | 12:55pm             |
| Senior Men   | 8,000m             | 1.00pm              |

Race times are approximate and may change on the day depending on numbers enter and any restrictions in force. Distances are approximate and all courses are suitable for spikes.

All age groups are as at 31 August 2025. Suitable for all abilities and races will not be handicapped. Club Membership is not necessary, but if competing for a club, club vests must be worn.

**KEEP SAME NUMBER FOR EVERY RACE IN SERIES.** Charge of £1 for duplicate numbers.

Medals to all Juniors who complete 3 races.

**ONLINE ENTRY ONLY** at <https://www.race-results.co.uk>. Entries close midnight on THURSDAY before race (except first race).

Entry Fees - £5 per race or £15 for all five. Unattached levy fee of £2 **per race** is applicable. In the event of a race being cancelled a reserve date will be used if possible. Refunds if made will be net of an administration fee.

Registration and collection of numbers after 10.30am on the day.

Any queries contact Claire Hebdige on 07813 766429 or email: [clairehebdige@btinternet.com](mailto:clairehebdige@btinternet.com)

Castlegate Drive, Cockermouth



Curwen Park, Workington

(Parking at Workington Academy)

